

# CANAPÉ MENU

Let us make your entertaining pleasurable and memorable.  
G.F. | Gluten-free

## Vegetarian

42 per dozen

Truffled arborio arancini, parmesan, wild mushroom G.F.  
Mac n' cheese cupcakes, tomato jam  
Zucchini-manouri cheese fritters, lime-cardamom sour cream  
Masa flatbread, oaxaca cheese, cilantro, smoked peppers G.F.  
Mini pretzel bites, house mustard  
Portobello mushroom fries, white balsamic aioli G.F.  
Mini soca pizza, buffalo mozzarella, za'atar spiced roasted vegetables G.F.

## Land

45 per dozen

Chicken empanadas, salsa roja  
Duck confit taco, poblano-tomatillo salsa, crispy duck skin G.F.  
Bison meatballs, maple-whiskey glaze G.F.  
Lamb loin, peanut sauce, pickled onion salsa, taro root G.F.  
General Tao chicken skewers  
Seared beef, onion jam, toasted brioche  
Pork belly bao, pickled cucumbers, hoisin

## Sea

48 per dozen

Soy cured salmon gravlax, crispy potato, asian pear, cilantro cream  
Mango shrimp lollipop  
Crab cakes, chipotle aioli  
Prawns, polenta rounds, roasted poblano aioli  
Oysters in the half shell, duo of sauces  
Smoked trout, dill crème fraiche, taro root  
All sea items are G.F.

## How we work.

Minimum order is three dozen.  
All food is prepared with local and organic ingredients when possible.  
Please advise us of any dietary concerns and we will strive to accommodate.  
All orders require a minimum of **48 hours** notice.  
Please ask about service, platters, dishes and linen rentals.

To order: [zest@zestforfood.com](mailto:zest@zestforfood.com)

