

# SALAD MENU

Let us make your entertaining pleasurable and memorable.

G.F. | Gluten-free

5.95 per person

Raw brussel sprouts, woodland mushroom, pecorino, poached eggs

Thai style green papaya salad

Arugula, grape, almond salad with shaved manchego

Spiced pumpkin, lentil, arugula, goat cheese salad

Kale, crumbled cauliflower, puffed rice, currants pomegranate

Quinoa, sweet potato, apple, smoked bacon, pickled onion

Winter greens, beets, apple, spiced walnuts, buttermilk dressing

Mixed greens, celery root, fennel, caramelized apple vinaigrette

add protein to any salad 4

## How we work.

All prices are based per person.

All food is prepared with local and organic ingredients when possible.  
Please advise us of any dietary concerns and we will strive to accommodate.

All orders require at least **48 hours** notice.

Please ask about service, platters, dishes and linen rentals.

To order: 819.771.3456 | [zest@zestforfood.com](mailto:zest@zestforfood.com)

